

TITLE	DESCRIPTION	CCMC
AGE001 - The Aging Process	This course is the first in a series of courses that examines the aging process and its effects on the human body.	1
AGE002 - Communicating With the Elderly	This course explains the reasons why consideration of the special communications needs of the elderly are important. This course includes a number of ideas about how you can improve your ability to communicate effectively with older clients. This course presents a number of ideas, tips and action steps to facilitate communication with this increasingly important demographic. Many of these suggestions are applicable for all age groups, but they are particularly important for older adults, for whom less than optimal communication can have more serious negative consequences.	1
AGE003 - Aging and Ethnicity	Home medical equipment employees working with elderly patients from a variety of ethnic groups need to be aware of the cultural differences among those groups in order to build an effective, beneficial relationship that fosters good communication and compliance. This course provides an overview of ethnogeriatrics which is the influence of ethnicity and culture on the health and well-being of older adults.	1
AGE004 - Aging and Memory	Because effective communication relies so heavily on memory, knowing how aging effects memory is essential to the successful interaction of HME services providers and patients. This course provides an overview of how aging affects memory.	1
AGE005 - Overview of Alzheimer's Disease	Alzheimer's disease is an irreversible, progressive brain disease that slowly destroys memory and thinking skills and eventually even the ability to carry out the simplest tasks. This course provides an overview of the prevalence, causes and risk factors of the disease.	1
AGE006 - Aging and Depression	HME staff who interact with the aging population are almost certainly going to be interacting with clients suffering from depression. This course provides an overview of the causes and risk factors, signs and symptoms, and diagnosis and treatment of depression in the elderly population.	1
AGE007 - Aging and Diabetes	Managing diabetes in the elderly presents many challenges. This course provides an overview of those challenges and how they can be met.	1
AGE008 - Aging and Malnutrition	This course takes a look at malnutrition ' the state of being poorly nourished ' and the effects it can have on the elderly population.	1
AGE009 - Aging and Sleep Disorders	This course reviews the effects, causes and treatment options of sleep disorders among the elderly population.	1
AGE010 - Aging and Cardiovascular Disease	This course will explain how the aging process contributes to changes in the cardiovascular system.	1
AGE011 - Diabetes and Depression in the Elderly	This course examines the relationship between diabetes and depression among the elderly population.	1
AGE013 - Aging and Chronic Kidney Disease	This course will explain how the aging process contributes to chronic kidney disease.	1
AGE014 - Aging and Stroke	This course reviews the relationship between aging and stroke.	1

AGE015 - Aging and Perioperative Care	Unique challenges can arise when performing perioperative care for older surgical patients. This course reviews the challenges of performing such care that all members of a patient's health care team should be aware.	1
DMGT001 - Disease Management Programs	Disease management is one approach that aims to provide better care while reducing the costs of caring for the chronically ill. This course was provided by the Center on an Aging Society.	1
DMGT002 - Health Risks of Being Overweight	This course examines the health risks of being overweight, such as Type 2 diabetes, heart disease and stroke, cancer, sleep apnea, osteoarthritis, gallbladder disease, and fatty liver disease.	1
DMGT003 - Obesity Among Older Americans	This course examines the health risks of being overweight, such as Type 2 diabetes, heart disease and stroke, cancer, sleep apnea, osteoarthritis, gallbladder disease, and fatty liver disease.	1
DMGT004 - Understanding Obesity	One-third of American adults are obese, putting them at increased health risk for chronic diseases such as heart disease, Type 2 diabetes, high blood pressure, stroke and some forms of cancer. This course provides basic information about obesity.	1
DMGT005a - Overview of the Immune System	This course explains how the human immune system works, how vaccinations work to ward off existing and emerging infectious diseases, and some of the great strides that are being made to detect, treat and prevent disorders of the immune system.	1
DMGT005b - Overview of the Respiratory System	The respiratory system is a group of organs and tissues that help humans breathe. The main parts of the respiratory system are the airways, the lungs and linked blood vessels, and the muscles that enable breathing. This course provides an overview of the human respiratory system.	1
DMGT005c - Overview of the Digestive System	The digestive tract consists of organs that help break down food into components that the body uses for energy and for building and repairing cells and tissues. This course provides an overview of the human digestive system, including a discussion of the major diseases that can affect it.	1
DMGT005d - Overview of the Musculoskeletal System	DMGT005d	1
DMGT005e - Overview of the Circulatory System	The human circulatory system is also called the cardiovascular system and includes the heart, blood vessels and blood. This course provides an overview of the circulatory system including a discussion of the major disorders that can affect it.	1
DMGT005f - Overview of the Nervous System	The human nervous system is the body's control center and communications network; it controls all biological processes and movement in the body. The nervous system can also receive information and interpret it via electrical signals used in the system. This course provides an overview of the nervous system, including a discussion of the major diseases that can affect it.	1

DMGT005g - Overview of the Lymphatic System	The lymphatic system is a major part of the human body's immune system, comprising a network of conduits of nodes, ducts, and vessels that produce and transport a fluid called lymph from tissues to the bloodstream. This course provides an overview of the lymphatic system, including a discussion of the major diseases that can affect it.	1
DMGT005h - Overview of the Integumentary System	The human integumentary system is comprised of the skin, specialized tissues and accessory structures that include hair follicles, nails and skin glands. This course will provide an overview of the integumentary system including major disorders impacting its function.	1
DMGT005i - Overview of the Reproductive System	The human reproductive system functions to produce male and female sex cells (egg and sperm cells). Reproduction occurs when a male sex cell fertilizes a female sex cell. This fusion brings about new life. This course provides a general overview of the structure and function of the male and female reproductive systems including a discussion of the major diseases that can affect them.	1
DMGT005j - Overview of the Endocrine System	The human endocrine system includes specialized cells, tissues and organs referred to as endocrine glands. These glands secrete hormones in the blood stream or to a specific site in the body. This system works directly with the nervous system which sends and receives signals from the endocrine system to produce, secrete and/or inhibit hormones. This course provides an overview of the endocrine system including a discussion of the major disorders that can affect it.	1
DMGT005k - Overview of the Urinary System	The human urinary system includes the kidneys, ureters, urinary bladder and urethra. These organs work together to maintain osmotic balance in the body while removing excess compounds including toxic substances and metabolic waste. This course provides an overview of the urinary system including a discussion of the major disorders that can affect it.	1
DMGT006 - Overview of Guillain-Barre Syndrome	Guillain-Barr' syndrome is a disorder in which the body's immune system attacks part of the peripheral nervous system. In other words, the body damages its own nerve cells outside of the brain and spinal cord. This course provides an overview of the disorder, including descriptions of symptoms, causes and treatment options.	1
DMGT007 - Overview of Osteoporosis	Osteoporosis is a disease in which the density of bone is reduced, increasing the risk of fracture. Around the world, it affects one in three women and one in five men over the age of 50. This course examines this serious world-wide health problem.	1
DMGT008a - Medical Terminology - Part 1	This is the first of a 3-part series of modules, which make up a short course in medical terminology. This course is based on the 'Short Course in Medical Terminology' written by Dr. William J. Dyche, Professor of Anatomy, Des Moines University ' Osteopathic Medical Center. Because these modules build on one another, it is highly recommended that you complete this series in order: Part 1, then Part 2, then Part 3.	1

DMGT008b - Medical Terminology - Part 2	This is the second of a 3-part series of modules, which make up a short course in medical terminology. This course is based on the 'Short Course in Medical Terminology' written by Dr. William J. Dyche, Professor of Anatomy, Des Moines University ' Osteopathic Medical Center. Because these modules build on one another, it is highly recommended that you complete this series in order: Part 1, then Part 2, then Part 3.	1
DMGT008c - Medical Terminology - Part 3	This is the third and final part of a 3-part series of modules, which make up a short course in medical terminology. This course is based on the 'Short Course in Medical Terminology' written by Dr. William J. Dyche, Professor of Anatomy, Des Moines University ' Osteopathic Medical Center. Because these modules build on one another, it is highly recommended that you complete this series in order: Part 1, then Part 2, then Part 3.	1
DMGT009 - Overview of Duchenne Muscular Dystrophy	"Muscular dystrophy" is a broad term used to label gene-related (hereditary) muscle-destroying disorders that affect muscles throughout the body. There are more than 20 specific genetic disorders considered to be muscular dystrophy. This course examines Duchenne Muscular Dystrophy, the most common of the muscular dystrophies.	1
DMGT010 - Overview of Diabetes	This course provides an overview of the disease, providing definitions of diabetes and pre-diabetes, prevention tips and statistics related to one of the most under-diagnosed and deadly of diseases.	1
DMGT012 - Eating and Diabetes	Keeping blood glucose at a healthy level will prevent or slow down diabetes problems. This course describes what people can do to keep their blood glucose at a healthy level. Before taking this course, you should complete the course 'Overview of Diabetes.'	1
DMGT014 - Overview of Parkinson's Disease	Parkinson's disease is a progressive disorder of the central nervous system that affects more than 1.5 million men and women in the United States. This course provides an overview of the disease, including descriptions of symptoms, causes and treatment options.	1
DMGT015 - Overview of Multiple Sclerosis	Multiple sclerosis is one of the most common diseases of the central nervous system. This course provides an overview of the disease, including descriptions of symptoms, causes and treatment options.	1
DMGT016 - Overview of Cystic Fibrosis	Cystic fibrosis is a complex, inherited disease that affects tissues that produce mucus secretions. This course provides an overview of the disease, including descriptions of symptoms, causes and treatment options.	1
DMGT017 - Hepatitis C: Issues, Economics and Care Strategies	This course will present an overview of hepatitis C (HCV) economics, testing and treatment interventions.	1
DMGT018 - Overview of Tuberculosis	Nearly one-third of the world's population is infected with Tuberculosis (TB), and it kills almost 3 million people per year. However, in the United States, through a broad range of Federal and community initiatives, national TB rates have declined steadily over the past decade. This course provides an overview of the disease, distinguishing between active and latent TB, and explaining how a person is tested for TB.	1

DMGT019 - Childhood Obesity: A Lifelong Threat to Health	Almost 14 million children ' 24 percent of the U.S. population ages 2 to 17 ' are obese. This course examines the group of children ages 2 to 17 with Body Mass Index (BMI) values at or above the 95th percentile (referred to as obese), and those with BMI values between the 85th and 95th percentiles (referred to as at risk for obesity).	1
DMGT023 - Overview of Hepatitis B	Health care worker run the risk for occupational exposure to bloodborne pathogens, including hepatitis B virus (HBV), hepatitis C virus (HCV) and human immunodeficiency virus (HIV), the virus that causes AIDS. This course provides an overview of hepatitis B, how it is spread, its symptoms and diagnoses, and its vaccination.	1
DMGT024 - Overview of HIV/AIDS	Health care worker run the risk for occupational exposure to bloodborne pathogens, including hepatitis B virus (HBV), hepatitis C virus (HCV) and human immunodeficiency virus (HIV), the virus that causes AIDS. This course provides an overview of HIV, how it is spread, its symptoms and diagnoses, and its vaccination.	1
DMGT026 - Overview of ALS	Amyotrophic lateral sclerosis, or ALS, is a progressive, neurodegenerative disease that attacks nerve cells in the brain and spinal cord. This course provides an overview of the disease ' commonly known as 'Lou Gehrig's Disease' ' including descriptions of symptoms, causes and treatment options.	1
DMGT027 - Overview of Arthritis	Arthritis is a complex disorder that comprises more than 100 distinct conditions that can affect people at any stage of life. This course provides an overview of two of the most common forms of arthritis: osteoarthritis and rheumatoid arthritis. This course also looks at a condition few people associate with children: juvenile arthritis.	1
DMGT031 - Overview of Lymphedema	Lymphedema is a medical condition that causes swelling and can affect the immune system. This course examines the symptoms, stages, causes, and treatments of lymphedema and medical procedures used to diagnose it.	1
DMGT033 - Death and Dying	One of the realities of working in the health care arena is that patients die. Dying is a personal journey that everyone approaches in his or her own unique way. How individuals cope during this part of life is usually shaped by their previous experiences with death along with their cultural attitudes and beliefs. This course provides you with information you can use when dealing with dying patients and their caregivers and family members.	1
DMGT034 - Overview of Cerebral Palsy	Cerebral palsy is a group of movement, muscle tone, learning, hearing, seeing, and thinking disorders involving brain and nervous system functions. This course provides an overview of cerebral palsy including its symptoms, causes, risk factors, and complications, and how the condition is diagnosed and treated.	1
DMGT035 - Overview of Influenza	This course examines the biology of influenza and types of vaccinations. It also discusses signs and symptoms, lab diagnoses and measures to control infection. Also provided in this course are a brief history of influenza pandemics, the avian flu (H5N1), and current research being conducted.	1

DMGT037 - Overview of Enteral Nutrition	Health care has come a long way since the first attempts were made to offer patients life-saving nourishment through a tube inserted into the person's nose with the 'hope' that it ended up in the right place. The options available today are varied and suit the needs of all types of patients, from infant to elderly. This course will explain the different types of methods of providing enteral nutrition and the conditions that may require their use. Also discussed will be appropriate care and steps for completing administration of feedings and medications.	1
HR011 - Strategies for Working on a Healthcare Team	This course discusses strategies you can use when working on healthcare teams.	1
HR013 - Advance Directives	With an advance directive, patients can make known their wishes for future medical care in the event they become unable to make their own decisions about health care. This course provides information about the types of advance directives available.	1
HR014 - Identifying and Reporting Child Abuse	Each year, tens of thousands of children are traumatized by physical, sexual, and emotional abusers, or by caregivers who neglect them. As a representative of a health care provider, federal regulations require you to report any suspicions of child abuse. This course provides tips on identifying child abuse, and explains how you report your suspicions.	1
HR015 - Identifying and Reporting Elder Abuse	Elder abuse is recognized as a continually increasing and serious problem in our society. Most states require you, as a health care provider, to report suspected elder abuse or neglect. This course provides tips on identifying elder abuse, and explains how you can report your suspicions.	1
INF003 - Health Care Workers and Bloodborne Pathogens	Health care worker run the risk for occupational exposure to bloodborne pathogens, including hepatitis B virus (HBV), hepatitis C virus (HCV) and human immunodeficiency virus (HIV), the virus that causes AIDS. This course provides information about how health care workers can minimize the risk of occupational exposure to bloodborne pathogens.	1
OWC004 - Skin Management: Prevention and Wound Care	This course provides information that can be used to establish assessment tools and care plans for patients who are at high risk for skin breakdown. This course was written by Mindy Owen, RN, CRRN, CCM, from information provided by MEDIQfst.	1
OWC006a - Overview of Pressure Ulcer Etiology - Part 1	This is the first of a 3-part series of courses on pressure ulcers. Although ultimately discussion will focus on pressure ulcers, this first part provides foundational knowledge regarding the skin, normal physiology of healing, and factors affecting healing and repair. You should complete this series of courses in order: Part 1, followed by Part 2, followed by Part 3.	1
PEC006 - Introduction to TENS	This course introduces the new home medical equipment staff member to TENS units. Because of the multitude of TENS units and accessories on the market, this course will cover TENS units in the broadest generic terms. For specific information related to a particular brand of TENS unit, please consult the manufacturers. This course also includes links to several TENS unit manufacturers.	1

PEC007 - Introduction to Low Air Loss Mattresses	This course introduces the new home medical equipment staff member to low air loss mattresses. Because of the multitude of low air loss mattresses and accessories on the market, this course will cover low air loss mattresses in the broadest generic terms. For specific information related to a particular brand of low air loss mattress, please consult the manufacturers. This course also includes links to several low air loss mattress manufacturers.	1
PEC009 - Introduction to Bone Growth Stimulators	This course introduces the new home medical equipment staff member to non-invasive bone growth stimulators. This course will cover bone growth stimulators in the broadest generic terms. For specific information related to a particular brand of bone growth stimulator, please consult the manufacturers. This course also includes links to bone growth stimulator manufacturers.	1
PEC012 - Introduction to Continuous Passive Motion (CPM) Units	This course introduces the new home medical equipment staff member to Continuous Passive Motion (CPM) units. Because of the multitude of CPM units and accessories on the market, this course will cover CPM units in the broadest generic terms. For specific information related to a particular brand of CPM unit, please consult the manufacturers. This course also includes links to CPM manufacturers.	1
PEC015 - Introduction to Breast Pumps	This course introduces the new home medical equipment staff member to breast pumps. Because of the number of breast pumps and accessories on the market, this course will cover breast pumps in the broadest generic terms. For specific information related to a particular brand of breast pump, please consult the manufacturers. This course also includes links to VGM Participating breast pump manufacturers.	1
PEC016 - Introduction to Spirometry	This course introduces you to spirometry. This measurement can help the clinician determine whether an individual has a disease in the lungs, and help determine whether the disease is obstructive or restrictive. Because of the variety of spirometry systems and accessories on the market, this course will cover spirometry systems in the broadest generic terms. For specific information related to a particular brand of system, please consult the manufacturers. This course also includes a link to VGM Participating vendors of spirometry systems and accessories, and of peak flow meters. You should complete the following courses before beginning this course: 'DMGT016 - Overview of Cystic Fibrosis,' 'DMGT018 - Overview of Tuberculosis,' 'RESP009 - Asthma Management: Interventions and Strategies,' and 'RESP010 - Intervention and Strategies of the COPD Population.'	1
PEC018 - Introduction to Ambulatory Aids	This course introduces the new home medical equipment staff member to standard ambulatory aids (canes, crutches and walkers). Because of the multitude of brands of ambulatory aids and accessories on the market, this course will cover ambulatory aids in the broadest generic terms. For specific information related to a particular brand of ambulatory aid, please consult the vendors.	1

REHB009 - Challenges for the Bariatric Resident	This course examines the epidemic of obesity in the United States and the challenges that face the bariatric client. Before completing this course, you should complete the courses 'DMGT004 - Understanding Obesity' and 'DMGT003 - Obesity Among Older Americans.'	1
REHB015 - Continuous Cold Therapy for Post-Operative Pain Control	This course addresses the use of continuous cold therapy (CCT) to manage post-operative pain.	1
REHB016 - Implications of Immobility	This course reviews the effects of immobility on the human body.	1
REHB017 - Functional Knee Bracing: Science or Psychology	This course provides information that physical rehabilitation clinicians can use when deciding whether or not to use functional knee bracing during the treatment of significant knee joint injuries.	1
REHB019 - Spinal Cord Injury	This course provides information about spinal cord injuries (SCI) and the role a case manager plays in the acute and rehabilitation of persons with SCI.	1
REHB020 - Traumatic Brain Injury	This course discusses issues, interventions and information pertinent to case managers who work with patients who have sustained a traumatic brain injury (TBI).	1
REHB027 - Overview of Joint Replacement	Damaged hip joints and knee joints are by far the most common joints that are replaced by surgery, although shoulder, finger, ankle and elbow joints can also be replaced. This course provides an overview of hip and knee replacement including the risks and complications of such surgery.	1
REHB028 - Overview of Foot and Ankle Injuries	This course provides an overview of the types of injuries that can occur to a person's feet and ankles.	1
RESP008 - Home Oxygen Therapy	More and more people are using oxygen therapy outside the hospital, permitting them to lead active, productive lives. This course explains what home oxygen therapy is, the types of home oxygen therapy available today, and how the therapy can benefit the patient.	1
RESP011 - Long-Term Management of Sleep-Disordered Breathing	This course will define sleep-disordered breathing and aspects of long-term management of the patient with this illness.	1
RESP012 - MDI: Aerosol Delivery	This course contains three separate presentations on inhalation aerosol therapy given at the 1998 AARC International Respiratory Congress Symposium. The course is provided courtesy of Philips Respironics' Asthma & Allergy Division.	1
RESP013 - CPAP Humidification	This course identifies the benefits and limitations of CPAP humidification to help patients and to build trust with referral sources. This course was developed from an article titled 'Dew Diligence is Recommended,' which appeared in the February 2006 issue of DealerProvider magazine.	1
RESP015a - Airborne Allergens - Part 1	This course is the first of a two-part series about airborne allergens. This first part summarizes what health experts know about the causes and symptoms of allergic reactions to airborne allergens, and how health care providers diagnose these reactions. You should complete this course before taking ?RESP015b ? Airborne Allergens ? Part 2.?	1

RESP015b - Airborne Allergens - Part 2	This course is the second of a two-part series about airborne allergens. This second part summarizes what health experts know about how people can prevent or reduce allergic reactions, how to treat these reactions, and what medical researchers are doing to help people who suffer from these allergies. You should complete 'RESP015a ' Airborne Allergens ' Part 1' before taking this course.	1
RESP023 - Overview of Bronchitis	Bronchitis is an inflammation of the bronchial tubes, the airways that carry air to the lungs. This course provides an overview of bronchitis, including an explanation of the differences between the two types of bronchitis: acute and chronic.	1
SAFE024 - Bariatric Hospital Bed Safety and Selection	This course will discuss current electric hospital bed standards and current regulatory processes in the United States. The course also provides a guide for selecting bariatric hospital beds and implications for future research.	1